It is not a revolution within oneself as an individual that we are talking about—a matter of saving your own particular little soul—but a revolution within oneself as a human being totally related to all other human beings.

We may consciously separate ourselves into petty, little individualities, but deep down, unconsciously, we are the inherited human experience of all time; and mere superficial changes on the economic or social level, though they may provide a little more comfort and convenience, are not productive of a new society.

We are concerned, not only with the human being’s transformation of his total nature, but also with bringing about a different society, a good society; and a good society is not possible if there are no good human beings.

– J. Krishnamurti
Saanen, Switzerland, July 18, 1965
Head of School

In the early winter Ojai morning the sun is lifting up south of the Topa Topa mountain range, the glimmer of light bouncing off the meadow, the rocks, the trees, and the pathways throughout campus. One may hear the sound of the coyote’s call, the scurrying of the ground squirrel, or the stuttering song of the Western Bluebird.

A fundamental aspect of our school philosophy is to offer the space and opportunity to be in right relationship with the natural world, to understand that there is no separation between the sky, the trees, the predator, the prey, the me. Can I see myself in the morning dew that nourishes the meadows or the violent thunder of a relentless storm? Where am I in the landslides and wildfires that bring destruction? Where am I in the overflowing landfill, polluted streams and oceans? What is my relationship to the suffering natural world?

As Krishnamurti pointed out in many different ways, “If you are hurting nature, you are hurting yourself.” We are not separate from nature. Our life is interdependent within the whole spectrum of the natural world. Humans must have clean water to drink and unpolluted oxygen to breathe. We need to grow and procure our food sustainably. This ought to be common knowledge — however, to truly understand this relationship, one must be sensitively aware of the impact of the simplest action.

At Oak Grove, students have the opportunity to be in relationship with the vibrancy of both the tranquility and the hardship of the natural world. Opportunities are provided for students, teachers, and parents to observe life emerging from moment to moment, within themselves and within their environment. It is a subtle offering, but among the most essential.

Jodi Grass
Head of School

Executive Director

Even though Krishnamurti’s teachings are widely available for free on the Internet and YouTube, many people are not familiar with his work. Krishnamurti has stated unambiguously that it is critical to bring about a fundamental change in consciousness. This change is essential for the happiness and wellbeing of each individual. A change that is crucial for bringing about peace in the world, to bring about a society that lives in balance with the resources of our planet and the realization of our profound religious potential.

His teachings do not only verbalize in contemporary language what has been said by sages in the past. He added new elements and frequently departed from tradition. To name a few: he articulated the dangers of belief systems by saying that truth is a pathless land; he pointed out the danger of accepting gradual self-improvement by saying that time is the enemy of man; he showed how the mechanical processes of the brain create the illusion of the thinker in our thoughts, by saying that the observer is the observed.

The Foundation exists so these teachings can be heard by anyone who is listening, now and in the future. This coming year we are launching several new initiatives: online courses, new ways of searching through the teachings online, and several new printed publications. So keep an eye out for our newsletters and visit our website for the latest news.

The Krishnamurti Center in Ojai exists for those who want to go deeply into these teachings as a guest, visitor, residential student, or scholar. We are planning to expand the facilities in the near future to house a larger community of explorers. We are also planning to beautify the property to make it more conducive for silence and reflection.

Jaap Sluijter
Executive Director

Jaap Sluijter
Executive Director

Jodi Grass
Head of School
“The idea for this book came while I was with Krishnamurti in Madras in January 1980. It occurred to me that there was no dichotomy between his life and his teachings. The teachings were intellectual, logical, and rigorous. His daily life and conversations were simple. He was an ordinary human being in private life, yet the other Krishnamurti, the teacher, was clearly of extraordinary energy, intelligence, and insight. The man on the public platform and the man away from it were different, but there was no contradiction between what he said and what he did.

I used to wonder why the words of a Buddha or a Christ or a Mohammed could still capture the minds and hearts of more than half of humanity. These were simple men, who lived millennia ago, and yet their powerful hold on so many people was beyond all understanding when one considered the thinkers who had preceded and followed them. What did these men have or do that others did not?

And so I turned to Krishnamurti. His life was a legend. I knew him well. If I could spend time traveling with him, being with him, photographing him, observing how he actually lived, then perhaps I could find an answer. I asked Krishnamurti if I could do a book on him. He agreed readily. He said I could do what I wanted, take photographs any time, in any situation, and write about whatever I saw and felt.”

— Excerpt from the book's preface, written by Asit Chandmal

Many visitors to the Krishnamurti Center have enjoyed the book which has been available to view in the library. It features many beautiful photographs of Krishnamurti in Pine Cottage, which was his home until he died in 1986.

For more information visit store.kfa.org/one
The residential student program provides a unique opportunity to live on the Foundation’s idyllic and quiet grounds, while working to support the KFA in a variety of ways, including facilities maintenance, providing breakfast for Pepper Tree Retreat guests, and cooking lunch for Foundation staff. Tina Xi reflects on this year’s program:

Going to Los Angeles for a few days made me appreciate the mountains of Ojai more than ever. The madness of a large city is painfully real. It made me wonder what is going on with humanity? Why are we endlessly suffering and are hardly even aware of it? Why are we the way we are? Being infinitely capable, technologically, and yet at the same time destroying each other, as well as the beauty of the Earth. Seeing this, a question arises: What is the responsibility and relationship of every human being to the world?

I have been at the KFA as a residential student since last September. To be away from the polluted cities, and being in the embrace of the extraordinarily beautiful Ojai Valley, gave me the precious opportunity to explore Krishnamurti’s teachings in a nurturing environment. This gave birth to a feeling of great concern and responsibility to protect and love life so that the timeless mountains are there for eternity.

Drawing is a way of observation for me. What is of importance is to observe with great patience the minute detail of what captures my attention, and express what is seen on paper. The drawing below of the mountains and the herbal garden was done in the first month of my arrival. The view of the mountains is from the beautiful herbal garden at the back of the KFA’s campus.
Annual May Gathering 2020

THIS YEAR’S ANNUAL GATHERING (MAY 2-3) CELEBRATES
THE 125TH BIRTH ANNIVERSARY OF J. KRISHNAMURTI

Like last year, our May Gathering will be at the Oak Grove School campus. This is a free event open to anyone.

We invite you to our Annual May Gathering at the Oak Grove School in Ojai. Friends both local and from around the world come to listen to speakers, participate in dialogues, attend workshops, or simply enjoy the beauty of our campus.

Choose from different programs on topics such as consciousness and education, or engage with teachers from our schools and scholars of Krishnamurti’s teachings who share their understanding.

For more information visit kfa.org/gathering

Explorations Conference

INDIVIDUAL & SOCIETY | APRIL 24-26, 2020

For the last five years, we have been hosting our Explorations Conference during the week prior to the May Gathering. This event attracts outstanding scholars from various academic disciplines who make formal scientific presentations and engage in rigorous debate on whether and how these perspectives might relate to the teachings. We feel that this conference is an integral part of Krishnamurti’s vision for the Study Center. He had stated that the people at these centers “should be able to discuss with specialists in any branch of knowledge.”

The topic of this year’s conference is Individual & Society. There is no question that K’s primary focus was on the individual. Particularly on the ‘inner’ state of the individual, in terms of conditioned thoughts, feelings and behaviors. For K, this conditioned inner state is the fundamental cause of human conflict and suffering, and freedom from the effects of conditioning is the beginning of the realization of the highest human potential. Yet, K spoke extensively about the present state of society; the nature of the relationship between the individual and society; why a radical change or transformation is warranted in the present state of society; and how such transformation might come about.

For more information visit kfa.org/conference
Recurring Events at KC

**Weekly Dialogue**
Every Tuesday, 7:00-8:30 PM
This free weekly dialogue event consists of a brief introductory presentation of Krishnamurti material – text, audio or video – followed by dialogue exploring the questions raised.

**Saturday Dialogue:**
1st, 2nd, 3rd & 5th Saturday of every month, 4:00 pm - 6:00 pm
The intention of these dialogues is to give guests to the KC, both new and old, one more way to engage with the teachings, perhaps for the first time, in relationship with each other.

**Monthly Video / Dialogue:**
*Looking, Listening, and Shared Inquiry*
4th Saturday of every month, 6:00-10:00 PM
This free program starts with a video of Krishnamurti, then seeks to explore the topic of the video via the medium of dialogue.

**Monthly Presentation:**
*Introduction to J. Krishnamurti's Work and Life*
1st Sunday of every month, 10:30 AM-12:00 PM
Monthly introduction to the life and work of Krishnamurti, with KFA librarian Michael Krohn. Free event, pre-register at (805) 646-2390. More Information Online: kfa.org/recurring

**In-Depth Study Program:**
What is Love
Monday, January 13 - Friday, January 17

**Weekend Retreat:**
Silent Retreat
Friday, January 24 - Sunday, January 26

**In-Depth Study Program:**
Change That Cannot Be Sought
Monday, February 3 - Friday, February 7

**India Night at Oak Grove School**
Friday, February 28, 7:00-9:00 pm
Free Event

**Chinese Dialogue Program:**
Explorations into Insight
Friday, March 20 - Friday, March 27

**Oak Grove Theater's Spring Musical, Roald Dahl’s “Matilda”**
Friday, March 20 - Sunday, March 22

**Evening Talk:**
Being and Doing
Sunday, March 29, 7:30pm-9:00pm

**Yoga & Inquiry Retreat:**
Embodied Self-Knowledge
Friday, April 3 - Sunday, April 5

**Explorations Conference:**
Individual and Society
Friday, April 24 - Sunday, April 26

**May Gathering:**
Can the Mind Be Quiet?
Saturday, May 2 - Sunday, May 3
Free Event at Oak Grove School Campus

**Oak Grove High School Showcase**
Friday, May 15, 7:00 - 9:00 pm
Free Event

**Oak Grove High School Graduation**
Wednesday June 3, 6:30pm
Free Event

**Silent Retreat**
Friday, June 5 - Sunday, June 7

**Yoga & Inquiry Retreat:**
Awareness and Transformation
Friday, October 23 - Sunday, October 25

**In-Depth Study Programs**
These programs offer a unique opportunity for guests to have both unstructured mornings providing time for reflection, spontaneous dialogue and simple enjoyment of the surrounding natural beauty, and afternoon sessions providing a more structured forum for...
January / February / March

What is Love
Monday, January 13 - Friday, January 17
Silent Retreat
Weekend Retreat:
Friday, January 24 - Sunday, January 26
Change That Cannot Be Sought
In-Depth Study Program:
Monday, February 3 - Friday, February 7
India Night at Oak Grove School
Friday, February 28, 7:00-9:00 pm
Free Event
Chinese Dialogue Program:
Explorations into Insight
Friday, March 20  - Friday, March 27
Oak Grove Theater's Spring Musical, Roald Dahl's "Matilda"
Friday, March 20 - Sunday, March 22
Evening Talk:
Being and Doing

April / May / June

Yoga & Inquiry Retreat: The Body's Intelligence
Friday, June 5 - Sunday, June 7
Oak Grove School Alumni Gathering
* Open to current and former Oak Grove students, families, and staff
Saturday, June 6, 12 - 2:00 pm - Free Event
Explorations into Freedom Intensive: A Glimpse Into Total Freedom
Sunday, June 14 - Sunday, June 21

July / August / September

Weekend Retreat: Krishnamurti and His Teachings
Friday, July 10 - Sunday, July 12
Teacher Education Program
Saturday, July 19 - Sunday, July 26
Yoga & Inquiry Retreat: Inquiry as a Way of Life
Friday, August 28 - Sunday, August 30
In-Depth Study Program: TBD
Monday, September 7 - Friday, September 11
Weekend Retreat: Silent Retreat
Thursday, September 24 - Sunday, September 27

October / November / December

Explorations into Freedom Intensive: Death and Rebirth Beyond Time
Sunday, October 11 - Sunday, October 18
Yoga & Inquiry Retreat: Awareness and Transformation
Friday, October 23 - Sunday, October 25
In-Depth Study Program: TBD
Monday, November 9 - Friday, November 13
Oak Grove School Open House and All-School Showcase
Saturday, November 14, 1:00 - 4:00 pm
Free Event
Oak Grove High School Showcase
Friday, December 4, 7:00 - 9:00 pm
Free Event
Weekend Retreat: TBD
Friday, December 4 - Sunday, December 6

Explorations into Freedom Intensives
This 7-day intensive program, offered twice each year, is a new approach to working with Krishnamurti's teaching that emphasizes the transformational potential of direct seeing and listening. Through shared interactive dialogue, participants are encouraged to go beyond preconceived ideas in order to explore the potential of setting into motion dynamic, fresh perceptions, an ‘aliveness’ that can flush out previously unexamined resistances, fears, and contradictions. This work will help to realize the possibility of sensing the energy of love that is beyond the conditioned mind.

Yoga & Inquiry Retreats
Participants explore the connection between mind, body, and life, through yoga and dialogue. This is an opportunity to examine Krishnamurti’s work through a fresh lens as one engages the body and brings the full self into inquiry.

Weekend Retreats
Weekend Retreats are for people eager to inquire into fundamental questions in an atmosphere of togetherness and openness. These events are suitable for those already acquainted with the teachings as well as those new to them. The events start on Friday evening and end on Sunday afternoon.

Open House and All-School Showcase
Tour our expansive campus, explore the classrooms, talk with the teachers, and enjoy a complementary locally-sourced, gourmet vegetarian lunch. Learn more about our play-based preschool, relationship-focused elementary, experiential middle school, and progressive college-preparatory high school programs.

Alumni Gathering
Reconnect with Oak Grove friends and family the day after Thanksgiving. Current and former students, families, and staff are invited.

High School Showcase
The event features music performances by Oak Grove’s high school, as well as the student paintings, photographs, installations, videos, and ceramics. Be a part of this celebration!

India Night
For the past 33 years, Oak Grove seniors have spent the end of December and the majority of January visiting sister schools in India as well as traveling to cities and rural communities. Students present their experience during this evening of community and inspiration.

High School Graduation
What are the benefits of a Krishnamurti education? Hear directly from the graduating Oak Grove seniors at this annual celebration.

Communication Calendar
Monthly Email - news, events, quotes, publications and more.
Visit kfa.org/news to sign up.
Foundation Focus - February
Spring Appeal - March
Annual Appeal - October
Bulletin - November
Spring trips have begun! The freshman and sophomore classes will back-pack through Rose Valley. Our juniors will travel through the Southwest. Highlights include rafting on the Kern River, visiting the Grand Canyon, and hiking up Angel’s Landing in Zion National Park. Kindergarten students and their families camp on our athletic field. Together, they enjoy bonfire stories, a sing-along, and roasted marshmallows in the darkness. This practice of spending the night at school, is where our students begin to develop camping skills (pitching a tent, sleeping outside, fire safety) while in a familiar and safe place with their families. Students in 1st through 8th grades travel progressively further away on increasingly more challenging trips. Immersive outdoor trips enhance learning through direct experiences. In early elementary, the camp-out moves away to Carpinteria beach, first with parents, then the following year, without parents. The students practice being with teachers and peers away from home, but geographically close. In upper elementary, the focus moves to places further away with more physically challenging activities: group bike rides, longer hikes, and bouldering. Then they are off to our local forest carrying their own packs, swimming in water holes, and out of cell phone range. Our 7th and 8th graders travel by plane to other states to sleep in teepees, to river raft, and to study glacier science. They engage in active, meaningful, transformative, hands-on, outdoor curriculum that integrates science, history, literature, and art. These trips are developmentally appropriate, with each building on the one before. Students practice essential life skills, gain a sense of agency and grit, and also deepen their relationship with the natural world. For our parents, these trips offer an opportunity to practice trusting other adults to care for their children away from home. From the moment of birth, our children begin growing away from us. Each moment brings new opportunities for children to gain confidence in their ability to be separate, for parents to trust that the child is capable of separating, and for both to trust that this separation is natural and safe. These trips allow the child and parent an ever-increasing practice in separating. There are things that cannot be learned conceptually — what it means to be in relationship with nature, overcoming a fear of water or heights, pushing ourselves physically beyond what our mind believes is possible (“just one more step”), and, perhaps the most difficult of them all, letting a child grow away from us.
A NURSE TREE

A few years ago, the school lost a huge oak tree near the outdoor Pavilion, where our assemblies, performances, and celebrations are held. Losing this tree was a particular hardship as it provided a perfectly-situated screen to the arc path of the spring sun. Spring is when we have many large assemblies and performances. Without the oak, the glare and heat of the sun becomes extreme for both those on stage and those sitting in the audience. After careful consideration, the decision was made to plant another oak where the previous one had been. To promote faster growth, a nurse tree was planted next to it. A nurse tree, if you don’t already know, is a larger, faster-growing tree that shelters a small, slower-growing tree. The nurse tree can provide shade, shelter from wind, or protection from animals. Our nurse tree is a Tipu Tipu. You can now see how tall and strong both trees have become. It almost appears that each tree is reaching toward the other.

Be really in communion with nature, not verbally caught in the description of it, but be a part of it, be aware, feel that you belong to all that. Be able to have love for all that, to admire a deer, the lizard on the wall, a broken branch lying on the ground. Look at the evening star or the new moon, without the word, without merely saying how beautiful it is and turning your back on it, attracted by something else. Watch that single star and new delicate moon as though for the first time. If there is such communion between you and nature, then you can commune with man, with the student sitting next to you, with your educator, or with your parents. We have lost all sense of relationship in which there is not only a verbal statement of affection and concern but also this sense of communion which is not verbal.

J. Krishnamurti
When Dialogue Goes Well

TERRY O’CONNOR | DIALOGUE FACILITATOR

One year at our annual four-day dialogue gathering in Maryland, there was a small group in which there was much unkindness. The participants complained in the community group. Someone said the group wasn’t safe. Not realizing how bad it was, I said something to the effect that we were all attached to our self-images, and part of what we were doing was putting them at risk. One of the men responded that he was a mountain climber who had no problem with risk, but when he was climbing, he wanted to damn well know he could trust the people he was roped to.

The mountain climbing metaphor speaks to me more viscerally than Krishnamurti’s description of dialogue being between friends. We may not know each other but if we are, in K’s words, to “see clearly the pattern of our thinking; [to] expose ourselves, not only to another, but to ourselves, and see what we actually are and what is inwardly taking place,” we need to have the trust to make ourselves vulnerable.

People who participate in dialogue know it can be difficult and conflictual. When dialogue doesn’t go well, the participants may feel frustrated, irritated, and discouraged. But what does it feel like when dialogue does go well?

I recently asked several people who participate in dialogue regularly to finish this sentence: When dialogue goes well, it feels…

The similarity of responses was striking. The word that recurred most often was “connecting.” Along with this was, “a feeling of coming home,” and “a sense of community,” and “all one.” The sense of connecting was not just with the other participants but also “connected to what is, to who we are.” Other words that occurred repeatedly were “loving,” “spacious,” and “inspired.” The experience was also described as “epiphanic” and “mind-blowing.” A suggestion of how the environment of the dialogue may have engendered such feelings came in the responses, “challenging in a good way,” “vulnerably safe,” and “free to explore.”

To create such trust, mutual respect is necessary. Good listening is essential, as is a good deal of restraint. Restraint against the pull of the comfortable known: refraining from using Krishnamurti as an authority, suspending one’s judgments, observing rather than indulging one’s reactivity. And it is risk that moves us into the unknown, the risk of taking an honest look at ourselves and, perhaps, sharing with the group what we see.

At the end of a recent dialogue, I could literally feel the love in the room. And simultaneously, I sensed in myself a defense against this gift I longed for. I took the risk of disrupting a blissful moment to share this with the group. Several heads nodded. I learned I was not alone, even in my contradiction. I learned by taking a tiny leap above a net of love.
The Krishnamurti Archive is the repository of original material pertaining to the teachings of Krishnamurti. This includes handwritten manuscripts, letters, photographs, original audio and video recordings, and related materials. Its mission is to preserve the teachings of Krishnamurti as they were written and spoken, without distortion or interpretation. The Krishnamurti Archive also exists to give scholars and others doing research access to original documents.

The KFA submitted a collection of Krishnamurti talks from San Diego and Santa Monica (1970) that were nominated to be included in the California Revealed.

California Revealed is a State Library initiative to help California’s public libraries, in partnership with other local heritage groups, digitize, preserve, and provide online access to archival materials - books, newspapers, photographs, audio-visual recordings, and more - that tell the incredible stories of the Golden State…

These talks are being digitized in 3K resolution, and the elements are being professionally cleaned and re-housed for optimal long-term preservation. We are excited to receive the completed digitizations and look forward to sharing them with you.

Throughout the past five years, we have been working in the background processing and sorting through a vast collection of books of all languages and decades in KFA’s book collection, which consists of three libraries on the Center campus in Ojai. We have a primary archival library that is stored in the Core Vault, a duplicate library of reference copies, stored in the Archive Office, and another collection available to the public in the Krishnamurti Library in Pine Cottage. This process has allowed us to widely expand our collection in the Krishnamurti Library, available to those who are interested in visiting the library for reading and research.

We will be launching The Immeasurable Podcast which has been in development over the last year. We aim to reach new audiences with this popular media format and provide an in-depth look at dialogue and exploration around Krishnamurti’s teachings. There will be interviews of people who have spent time with Krishnamurti, as well as explorations around the content of K’s teachings, our programs, and our annual conference.

The Immeasurable Podcast is powered by the spirit of inquiry, echoing K’s words that one must “look for oneself” and “go into this question of what is consciousness” for oneself. Some early topics include, “what is dialogue?”, “what is the residential student experience like?”, “what does Krishnamurti mean that a change in the individual is also a change in society?”, etc.

Our aim is to convey just how alive and relevant the teachings are today and that the spirit of inquiry is ongoing.
Foundation Focus

Winter/Spring 2020

KRISHNAMURTI FOUNDATION OF AMERICA
including Oak Grove School and the Krishnamurti Center