Dear Friends,

On May 11-12 we have our next Annual Gathering, in which we inaugurate the new theme for the coming year The Meditative Mind. Like last year, our program will be varied with several concurrent sessions to choose from. You can find more information on the speakers and the program inside.

At the end of June we will be presenting several offerings on the East Coast—in Maine, Maryland, Pennsylvania, New York and Alabama. Some of these programs are public events, see inside for more information.

The publications department is preparing with a publisher a new edition of the book The Ending of Time. This re-edited edition contains some additional dialogues between Dr. David Bohm and Krishnamurti.

We are putting in place some major improvements at the Krishnamurti Educational Center (KEC). We hope to start soon on the restoration of Pine Cottage, Krishnamurti’s former home. Later this year we plan to make a start on installing solar panels on our campus. The climate control system for the archives consumes a lot of energy and the costs of energy are increasing rapidly.

In the coming weeks you will receive our Spring Appeal. This appeal will be dedicated to the Krishnamurti Educational Center (KEC) and the KFA General Fund. The KFA is a non-profit organization and its programs are happening because of your contributions. Thank you. In order to continue our work (publications, outreach, programs, archives, retreat) we are reliant on your support. I hope you will allow yourself a minute to make a donation to us on-line, through a form, or by giving us a call. My warmest regards and thanks for your support.

Jaap Sluijter, Executive Director
An annual gathering with peace and quiet, workshops, speakers, music, photo and art exhibits, organic lunch, meeting new and old friends, and videos of Krishnamurti.

The Meditative Mind
May 11 – 12, 2013 • 10:00 AM – 5:00 PM

All are welcome to this free event, focused on life-long questions and transformative education.

The Krishnamurti Educational Center
1070 McAndrew Road, Ojai • (805) 646-2726

www.kfa.org/gathering

What Are The Teachings?
Michael Mendizza

What we call ‘the teachings’ of J. Krishnamurti are not what the author called ‘the teachings.’ What Krishnamurti pointed to in all his talks, dialogues and discussions is alive, moving, life itself. As the wind can’t be captured in a paper bag, so ‘the teachings’ are not in the videos and books or to be found on the internet. What most call the teachings is to life what a lunch menu is to spaghetti. We can read the menu, translate it, discuss it, inquire into it, take pictures of the menu and post them on Facebook and never eat the spaghetti, or in K’s words, ‘live the teachings.’ The word is not the thing! How more simply could he say it? What then are the teachings? Come, explore.

Michael Mendizza is a filmmaker, author and founder of Touch the Future, a nonprofit learning design center for parents and others who care for children. He is currently a trustee of the KFA.

Hurt
Swami Chidananda

Among the baggage of memory that we carry, hurt is a significant component. It distorts our perception and gives a different direction to all that we say or do. When we are hurt, we begin to hurt others too. We sometimes turn indifferent to the hurt we cause others. We are painfully aware at other times but are confused about what to do. Can we explore this important dimension of what is, and understand its dynamics? Is it possible to come out of it completely and act with total freshness?

Swami Chidananda (born 1957) was a Vedanta teacher in San Jose, California, from 1993 – 98. That was the time when he began to be deeply drawn to the teachings of Krishnamurti. He is presently a member of the Governing Body of KFI and just completed 10 years of service at the Varanasi center of KFI. He now lives in Himachal Pradesh as an independent scholar.
May Gathering Speaker Information

Journal Writing for Self-Awareness
Suza Francina

Suza Francina, author of *The New Yoga for People Over 50* and other bestsellers, will share her insights about the practice of daily journal writing as a path to self awareness. Suza has been writing and teaching yoga for 40 years. Participants will also share a gentle stretching, restorative yoga session, to open and relax the mind and body before sitting down to write. Bring a notebook, pen, and wear comfortable, loose clothing.

*Suza Francina’s new book, Fishing on Facebook: A Writing Yoga Memoir* is the first in a series of “writing yoga” memoirs. Suza has lived in Ojai since 1957. Her lifelong interest in Krishnamurti’s teachings began as a teenager when she first heard him speak in the Oak Grove. She is a former mayor and long-time community activist. She considers her social and ecological activism to be an essential part of her daily-life yoga practice.

Curriculum as a Meditative Inquiry
Ashwani Kumar

This session provides a detailed analysis of the relationship between consciousness, meditative inquiry, and education by engaging with three key questions: In what ways do the characteristic features of human consciousness—fear, conditioning, becoming, and fragmentation—undermine self-awareness in educational experience? What is meditative inquiry, and how can it help in cultivating awareness which, in turn, can help in the understanding and transformation of human consciousness? In what ways can we re-imagine curriculum as a space for meditative inquiry that may provide transformative educational experiences for teachers and their students?

Ashwani Kumar is an Assistant Professor of Education at Mount Saint Vincent University, Canada, where he teaches and conducts research in the areas of curriculum studies, holistic education, and philosophy of education. Ashwani is seriously interested in Krishnamurti’s work and its significance for developing a creative, critical and transformative vision of education.
Communication
Sage Stoneman / Zachary Domes
Intern Student Workshop

As humans, we must communicate with each other. Why is this so difficult? Why are there so many misunderstandings, and why are disagreements so important? Why do I constantly interrupt others? Am I ever really listening and am I ever really listened to? Together, we will explore the art of communication, the implications of "really listening", and the possibility of living in a completely new way.

Sage Stoneman grew up in Ojai, and is currently an intern at the KEC. He graduated from Nordhoff High School in 2012.

Zachary Domes grew up in the countryside near Buffalo, New York. He received a BA in Religious Studies from Saint Bonaventure University, and is currently an intern at the KEC, where he enjoys reading, writing, cooking and playing banjo. He has completed two marathons and published a book of poems.

K on Love and Relationship
Michael Krohnen

Krishnamurti emphasized the importance of relationship in human endeavors, and saw it as the essence of both individual and collective day-to-day living. He proposed that only love in relationship can solve our human problems. He meant by the word 'love' something entirely different from what we commonly associate with this word. Is it possible to inquire into 'love'?

Michael Krohnen was born in Germany and emigrated to the U.S at age twenty. After attending Krishnamurti’s talks on three continents, he joined the Oak Grove School in 1975 as chef de cuisine. Subsequently he became Krishnamurti’s personal chef during the latter’s annual sojourn in California. This unique and profound experience he describes in his book The Kitchen Chronicles - 1001 Lunches with J. Krishnamurti. Currently he works as Library coordinator with the KFA.

The Meditative Mind in the Classroom
Deborah Calzini

Deborah will be facilitating the session entitled The Meditative Mind in the Classroom - introspection and Krishnamurti’s teachings in action at an upper elementary school level.

Deborah Calzini has devoted her career to education for the last twenty-three years. She was first exposed to Krishnamurti’s teachings when completing her Masters in Education in the early 90s. She subsequently came to join Oak Grove School’s community as a parent seeking the ideal learning environment for her daughter. A year later, she joined the OGS staff as the 5th grade teacher.
The Krishnamurti Foundation of America

Relationship
Francesca Lies and Brendan Smith
Intern Student Workshop

An experiential and interactive session that explores the field of relationship. This ranges from the relationship with oneself, or the inner (which includes becoming aware of thoughts, feelings, and the sensations of the body), to our relationship with the world, or the outer (which includes the people, places, and things we interact with). How we live in relationship creates who we are and defines the texture of our experience of ourselves and of the world.

Francesca Michelle Lies graduated from Carlow University in 2009 with a BA in Psychology and a double minor in Public Policy and Philosophy. She is a Registered Yoga Teacher and continues to teach and blog about her interest in yoga. She co-owns a professional organizing company called Simple Works Organizing where she helps others simplify their lives. During her residency at the KEC this year, she has looked at the ways in which relationship affects our daily lives on different levels.

Brendan Smith is a current participant in the Intern Student Program at the KEC. Brendan writes: “Ever since I was young, curiosity and wonder have arisen as to, What is this Experience that I Awake to? A deep inquiry into the true nature of reality then followed over many years, which brought forth the emerging insights of the Eastern mystic traditions, continuing with a degree in Religious Studies at University of California, Davis. Along the way, J. Krishnamurti’s work has inspired and challenged me to go beyond the conditioned traditional lenses of seeing our lives, and to view experience afresh. Being an Intern Student here at the KFA over the last year has been a real treasure, and the May Gathering marks the end of my stay here. I await to share with you the beauty of undivided space and inquiry in our weekend of exploration together.”

Think on These Things
Amanda Lezra

This year, we are inviting everyone interested to join us for an open discussion in which we will delve into fundamental life questions explored throughout the Think on These Things program. In addition to the open discussion, this presentation will showcase a compilation of videos prepared by Amanda Lezra, featuring various dialogues and one-on-one conversations with young adults exploring questions such as “What would it take for me to meet life without conflict?” “What is the effect of fear on my mind?”

We are interested in asking questions that fundamentally challenge the very perspective from which we usually think. Come by, drop in, and let’s explore together.

Amanda Lezra is a staff member of the Krishnamurti Foundation of America and coordinates the program Think on These Things. Amanda lives in Ojai, loves to write and make films, and is currently studying language translation and interpretation.

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Theme Weekends

Theme Weekends are for people eager to inquire into fundamental questions in an atmosphere of togetherness and openness. These events are suitable for those already acquainted with the teachings as well as those fairly new to them. The playing of Krishnamurti video and/or audio recordings will be followed by open dialogue, which often has been found to be helpful in deepening one’s understanding of day-to-day issues. The Theme Weekends start on Friday at lunchtime and end after lunch on Sunday.

Annual Gathering

We invite you to our Annual Gathering, May 11th and 12th, 2013. Friends both local and from across the United States come to listen to speakers, participate in discussions and dialogues, attend workshops, and simply relax with friends old and new. The offerings will take place at the KEC campus, K’s former home.

Parallel Programming

Several talks and workshops occur simultaneously, offering playful choices for young people, as well as events more scholarly in nature.

Logistics and Times

The program takes place on Saturday and Sunday, with lunch provided both days on the KEC campus.

June / July / August

Oak Grove School Alumni Gathering
Mid-Day Event - June 8, 2013 - Complimentary

Regular Event - Looking, Listening, and Shared Inquiry
Evening Event - Saturday, June 22, 2013 - Suggested Donation: $10

Teacher Education Program
Re-envisioning Education, and the Craft of Teaching and Learning
Program Fee: $550 / Room Fee: $495

Regular Event - Looking, Listening, and Shared Inquiry
Evening Event - Saturday, July 27, 2013 - Suggested Donation: $10

Study Intensive and Retreat: Unburdening and Freeing the Mind
Week-Long Event - Sunday, August 4 - Sunday, August 11, 2013
Program Fee: $725 / Room Fee: $425

Yoga and Self-Knowledge
Five-Day Event - Wednesday, August 21 - Sunday, August 25, 2013
Program Fee: $400 / Room Fee: $400

Study-Intensive Retreats

These types of programs create an opportunity for serious-minded college students and adults from all over the world to join together at the Krishnamurti Educational Center, Ojai, California, three times each year (January, April and August), to explore Krishnamurti’s life-changing teachings.

Participants enter into intense, probing, sensitive inquiries twice each day, and view videos of Krishnamurti in dialogue with leading scientists and educators, among others. In re-orienting the act of teaching to one of learning, we awaken the craft of teaching.

All program fees include lunch and dinner at the Pepper Tree Retreat.

Event registration: www.kfa.org or phone (805) 646-4773 (daily from 8:30 –11:00 AM and 2:00 –6:00 PM)

Teacher Education

Starting with the questions that we grapple with in our daily lives as educators, the seven-day program (July 21-27, 2013) builds on the insights participants come to from their own deep looking and shared inquiry during the program. We shift from seeking answers to finding key questions that transform the way we see (and respond to) our educational challenges. We pay minute attention to school and classroom activities - and question what we see. By uncovering the underlying values of teaching and learning, we re-envision school, classroom and other learning environments. In re-orienting the act of teaching to one of learning, we awaken the craft of teaching.
Annual Gathering

Local and from across the United States come to listen to speakers, participate in discussions and dialogues, attend workshops, and simply relax with friends old and new. The offerings will take place at the KEC campus, K’s former home.

May 11th and 12th, 2013. Friends both

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The program takes place on Saturday and

Logistics and Times

Sunday, with lunch provided both days on the KEC campus.

Ojai WordFest

Ojai WordFest is an annual festival of words, ideas and stories unfolding in one of the most beautiful settings in California: the majestic Ojai Valley. This year, Krishnamurti will be a featured author for this event. Activites will include an interactive exhibition highlighting Krishnamurti’s life and his core teachings, readings of his work on various topics, a poetry night, and a video showing.

Oak Grove School Events

Earth Day - working with three additional non-profit organizations, Oak Grove School hosts the city's annual earth day celebration.

Alumni Gathering - All graduates and former students, parents, staff and faculty are invited to attend this annual celebration. Food and musical entertainment are free of charge.

Regular Events

This program starts with a video of Krishnamurti, then seeks to explore the topic of the video via the medium of dialogue. The intention is to inquire together in such a way that new insights may occur in relation to fundamental questions of life.

September / October

Theme Weekend - You are the World and the World is You

Two-Day Event - Friday, September 6 - Sunday, September 8, 2013

Program Fee: $165 / Room Fee: $165

Regular Event - Looking, Listening, and Shared Inquiry

Evening Event - Saturday, September 28, 2013 - Suggested Donation: $10

Theme Weekend - Images of Ourselves and Others in Relationship

Two-Day Event - Friday, October 4 - Sunday, October 6, 2013

Program Fee: $165 / Room Fee: $165

Regular Event - Looking, Listening, and Shared Inquiry

Evening Event - Saturday, October 26, 2013 - Suggested Donation: $10

November / December / January

Theme Weekend - Improving Oneself, Myth or Reality?

Two-Day Event - Friday, November 1 - Sunday, November 3, 2013

Program Fee: $165 / Room Fee: $165

Regular Event - Looking, Listening, and Shared Inquiry

Evening Event - Saturday, November 22, 2013 - Suggested Donation: $10

Theme Weekend - Can We Live Our Lives Effortlessly?

Two-Day Event - Friday, December 6 - Sunday, December 8, 2013

Program Fee: $165 / Room Fee: $165

Regular Event - Looking, Listening, and Shared Inquiry

Evening Event - Saturday, December 28, 2013 - Suggested Donation: $10

Study Intensive and Retreat: From Limitation to Freedom

Week-Long Event - Sunday, January 5 - Sunday, January 12, 2014

Program Fee: $725 / Room Fee: $425

Regular Event - Looking, Listening, and Shared Inquiry

Evening Event - Saturday, January 25, 2014 - Suggested Donation: $10

Yoga and Self-Knowledge

A special 5-day event where participants engage in yoga and dialogue as they both relate to self-knowledge. This event is best suited for those with an interest in Yoga and a willingness for inner exploration.

Earth Day - working with three additional non-profit organizations, Oak Grove School hosts the city's annual earth day celebration.

Alumni Gathering - All graduates and former students, parents, staff and faculty are invited to attend this annual celebration. Food and musical entertainment are free of charge.

Monthly Email - news, events, quotes, publications and more. Email info@kfa.org to sign up

Foundation Focus - April 2013

Spring Appeal - May 2013

Annual Report - July 2013

The Krishnamurti Foundation of America
Inspired by Krishnamurti’s teachings around the ending of psychological time, this year’s theme for the Oak Grove School Fundraising Tea was *A Quiet Revolution*.

When it comes to a school full of ever-growing, ever-changing children, consideration of that space between “what should be” and “what is” gets very interesting. As anyone deeply involved in the education of the young will tell you, one has to have quite a bit of faith in the “present moment” since there is no way to predict the impact of this moment on the next, in terms of a child’s unfolding. And yet, over time — now over 35 years — we at Oak Grove School have a history of graduating caring, competent and compassionate students out into the world. We are also most fortunate that those graduates stay in touch with us. It is hard to measure with a quantifiable method the difference these young people are making in the world, and yet through their stories it is hard not to believe that in a qualitative way these young people are indeed beginning a quiet revolution.

Matt Nava, class of 2004, spoke at The Tea. Matt went to Oak Grove School from kindergarten through 12th grade before going on to graduate from Otis College of Art and Design. He now works for That Game Company (*thatgamecompany*) and is the Art Director for their latest video game offering *Journey*. Unlike many gaming companies which dominate the world of video games with violent content, this company’s mission is to “create timeless interactive entertainment that makes positive change to the human psyche worldwide”. Matt Nava, in his talk, explained that the premise of *Journey* is that people need to work collaboratively together for the good of all, rather than kill each other. Primary considerations in creating the game were how to develop a sense of empathy and compassion in the player. As Matt spoke, I kept thinking: well, here it is, the quiet revolution, even in the world of video games.

So many of you who continue to give generously to Oak Grove School have often mentioned to me that the reason you give is because “one day, one of those kids is going to make a real difference”. I am delighted to report that “one day” has come. Our graduates are quietly doing just that — a quiet revolution — so thank you to all our friends for helping to make that happen!

To see more talks from this year's event visit:

www.oakgroveshool.org/blog

To see a short video about the making of *Journey* visit:

www.theartofjourney.com
Educating the Educator

Krishnamurti Educational Center
July 21- July 27, 2013

Re-envisioning Education and the Craft of Teaching and Learning

You are invited to spend 7 days in the former home of Krishnamurti, exploring with fellow educators what it means to meet the questions and challenges he put to teachers, parents, and schools – as we face them in our everyday lives as educators.

The daily program includes readings, videos, dialogues and discussions, role play and other activities, reflective writing, vegetarian group meals, walks in nature, and time for reflection and silence.

The KEC and the Pepper Tree Retreat are nestled in the Ojai foothills on 11 acres of orange and avocado orchards, with walks available into the surrounding nature preserves. The Pepper Tree Retreat has ten guest rooms in a vintage 1910 farmhouse, and several cottages. Reduced rates for the Pepper Tree Retreat are available for participants of the course.

Professional Development credits available from the University of California, Santa Barbara.

For registration visit: www.kfa.org/teacher-education

Intern Student Program

Krishnamurti Educational Center

Started in Spring 2012, the Intern Student Program now has five participants living, working, and inquiring at the KEC. This one-year program, created for young adults aged 18-30, provides participants the opportunity to engage in questions that relate directly to their own lives. The intern students are young colleagues who come here out of their own interest in order to study Krishnamurti’s teachings within the context of the KEC. Their contribution is to bring their seriousness to the atmosphere of the place by learning with staff, guests and visitors about the art of living and furthering their own inquiry into these matters. Applications accepted now for August and January start-dates. Apply at www.kfa.org.

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Evelyne Blau, Frode Steen, Nick Oatway, Leone Webster, Michael Mendizza, Karen Hesli, Rabindra Singh, Mark Lee, Michael Lommel, BD Dautch, H. Reed Harris

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Oak Grove School Board

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Like many of us, Mr. Russ Wesp reached adulthood terribly confused and frightened. After a couple decades of looking for answers to his pain, he happened to hear Krishnamurti speak in San Francisco in 1983. That was the beginning of Mr. Wesp’s relationship with the teachings. Since that time he has also become a close friend of the Krishnamurti Foundation. Russ lives about 300 miles from the Krishnamurti Educational Center, so he is able to frequently participate in programs and events like Theme Weekends and the Annual May Gathering. In addition to being a long-time supporter and active program participant, he is also a current member of the Krishnamurti Foundation Advisory Board.

When we asked Russ why he gives so much of his time and resources to the Foundation, he shared the following, “I donate to the foundation because this teaching has helped me so much in ending my confusion about what is really going on, and to resolve my issues with fear. I want to give back, so that this will remain available in the future to others who have not yet come across it. I don’t know of anything more important for our species. It is obvious to me that our self-interest-based behavior will not change unless we individually start to observe and to learn about ourselves. As more of ourselves is revealed to us, we begin to behave, naturally, out of our humanness.”

Russ Wesp is one example of the many that make our work possible. We are grateful to him and those like him. Thank you, Russ.

Please understand that none of our work would be possible without the support of our donors. The Krishnamurti Foundation of America is a nonprofit charity and relies on donations to continue to preserve and disseminate the teachings of Jiddu Krishnamurti. Our growth and strength is in your hands.
I am sometimes asked why I travel. What is the point and purpose of moving about the globe? Apart from the obvious fact that there is plenty to do at home, is it not true to say that the work in other lands is best left to those who live there—China to the Chinese, Argentina to the Argentineans—rather than one’s attempting to harness their energies? After all, the needs of each place are specific. What’s more, it can easily happen that people defer to an “official visitor” as an authority, which is antithetical to Krishnamurti’s teachings. It is each person’s job to find the truth for him or herself—if need be, guided by the books & tapes. Nothing else is germane to the inquiry.

These, of course, are the very issues with which Krishnamurti wrestled. While he felt, and conveyed, that no one should stand in for him and that the whole notion of an apostolic succession was wrong, he began, at least from 1973 onwards, to speak of some people “living the teachings”, that this, indeed, was his true legacy. He deprecated in no uncertain terms the reliance on books & tapes, the familiarity with archives, as though these were aspects but not the main feature of what would remain after he died. The main thing was to live the teachings, and this point is made repeatedly in the discussions, now a book, *The Perfume of the Teachings*.

No one is, or can claim succession from, Krishnamurti for, as the World Teacher, he was unique. As time and tide turn and new waves are unfurling, it behooves those of us who have been touched by the teachings, deeply touched, to carry forward the momentum. This one can do by traveling—not just to distant lands & places but, more importantly, within oneself.

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**East Coast Tour**

We are embarking on a two-week tour this June. Our intent is to reach as many people as we can, while presenting two programs. Executive Director Jaap Sluijter will be conducting a workshop titled *The Ending of Psychological Time*. This workshop is a presentation of core issues within Krishnamurti’s work, geared toward those eager to inquire into fundamental questions in an open atmosphere. Amanda Lezra will be presenting *Think on These Things*, a discussion-based program geared toward young adults, in which questions regarding who one is, and the emotions and processes that universally connect human beings, are explored and thoroughly examined.

For details or to register visit [www.kfa.org](http://www.kfa.org).

**Itinerary**

- June 21 - 23: Maine
- June 24 - 26: Maryland
- June 27 - 28: Pennsylvania
- June 29 - July 2: New York
- July 3 - 5: Alabama

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**Summer Study-Intensive & Retreat**

**August 4 - 11, 2013**

*Unburdening the Mind of Psychological Conditioning that Binds and Limits Perception*

Krishnamurti pointed out that we rarely ever have an opportunity to directly “see” and examine the hidden structures of thought, born of our conditioning, that dominate our daily thinking. In our program we work together to directly “see”, perhaps for the first time, and to render transparent those limiting operations of the mind that keep us trapped in a perceptual prison.

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Read more on our blog: [www.kfa.org/blog](http://www.kfa.org/blog)