

# Foundation Focus

The Krishnamurti Foundation of America  
including Oak Grove School and the Krishnamurti Educational Center



## A Religious Center

"It must last a thousand years, unpolluted, like a river that has the capacity to cleanse itself, which means no authority whatsoever for the inhabitants. And the teachings in themselves have the authority of Truth.

It is a place for the flowering of goodness: a communication and cooperation not based on work, ideal or personal authority. Cooperation implies not round some object or principle, belief and so on. As one comes to the place, each one in his work – working in the garden or doing something – may discover something, a fact, as he is working. And he communicates and has a dialogue with the other inhabitants – to be questioned, doubted and to see the weight of the truth of this discovery. So, there is a constant communication and not a solitary achievement, a solitary enlightenment or understanding. It is the responsibility of each one to bring this about in this sense: that each one of us, if he discovers something basic, anew, it is not personal, but it is for all people who are there."

*Excerpt continues on page 5 of this publication*

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# Executive Director

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This summer at the KFA we are busy preparing our programs for the upcoming year. This past year our Explorations Conference examined the nature of the “self” and “sense of self” from the perspective of Krishnamurti’s teachings and also from that of contemporary philosophy, neuroscience and evolutionary biology. We felt that this Conference and the May Gathering were very successful in creating an environment of deep exploration into the questions posed by the teachings.

For the upcoming year’s Conference we are considering the question of human relationship and the fulfillment of the human potential. Over the years, Krishnamurti had lengthy discussions on this topic with scholars in the fields of social sciences/humanities and religion/spirituality. We feel it would be worthwhile to take a fresh look at the nature of human relationship by bringing in not only his teachings but also contemporary perspectives from the areas of psychology, sociology, developmental biology and spirituality.

The internet and social media are the prime ways for the Foundation to disseminate the teachings to new and younger audiences. We have been focusing on social media outreach and an improved internet presence. In the upcoming months you will see many updates on [kfa.org](http://kfa.org), [jkrishnamurti.org](http://jkrishnamurti.org), [themmeasurable.org](http://themmeasurable.org), and their corresponding facebook pages.

The trustees of the KFA have decided to expand the Center in Ojai with a commercial grade kitchen and a dining room for guests, which will allow us to serve three meals a day. We will also increase the number of rooms available for residential students, scholars and guests. We are in the process of acquiring the required permits to make this happen in the near future.

We are currently accepting applications to our Residential Student Program. Young adults who are drawn to explore the deeper questions of life and study Krishnamurti’s teachings in a communal setting live and work at the Center for a year. We also accept students from outside the U.S. for shorter periods, or as long as their visa permits.



Jaap Sluiter  
Executive Director

# Head of School

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As I begin my tenure as Head of School, Oak Grove is enjoying the long days of summer and the leisurely space between the completion of one school year and the preparation for the next. As the year behind us fades, something continues to capture my thinking... In the week before their June graduation, our seniors participated in Gateway Presentations, where they shared questions about their education with the larger community. “In what ways have I discovered my passions through my education? How has my ability to communicate in writing developed and how will it help me in the future? How has questioning improved my life? How has loneliness contributed to my self-understanding?” One particular question has left an echo within me: “How did lies affect the relationship between me and my family?” The question provoked my thinking, but the inquiry itself, coming from an 18-year-old young man about to start his life as an adult, was profound.

There are many reasons to be grateful for Oak Grove, but preserving an environment for students to ask the deepest and most formidable questions is at the top of that list; to directly confront fear and loneliness; to flower from a deep truth within. Oak Grove’s expansive wooded campus and community of adults (parents, teachers, staff) support a safe space for deep inquiry, affectionate communication, and openness in the face of challenge, all while infusing our days with a sense of ease and joyfulness. I’m grateful to spend my days here and honored to be entrusted with the care of this wonderful school.



Jodi Grass  
Head of School

# The Study Center in Ojai

Jaap Sluijter | Executive Director



The Study Center in Ojai is part of Krishnamurti's vision to have places around the world with an atmosphere of reflection and inquiry into the study of the Teachings. The heart of the Center is located in Pine Cottage, the house where Krishnamurti lived for most of his life and where he passed away in 1986. Also on the campus of the Krishnamurti Educational Center are the Pepper Tree Retreat and Events Pavilion as well as numerous outdoor nooks in the quiet beauty of nature.

The Center contains a library of books and spaces where one can watch videos, hold discussions or simply sit quietly. Most of Krishnaji's audio and video recordings are available here and there are regular dialogues, workshops, gatherings, and seminars held throughout the year.

A great deal of renovation and repair work has been done on the buildings. The roofs have been renewed, the interior has been repainted, and some of the plumbing and flooring has been replaced.

This coming year we will replace some of the furniture and create additional shelf space for Krishnamurti books. The layout of the furniture in the main room will be changed to create several nooks so that individuals and small groups may use the space at the same time without disturbing each other. We are expanding the book collection available for visitors. Besides English, Spanish, and Chinese, other languages will also be made available. Additionally, we want to make some

of the older books and manuscripts accessible. New shelving will allow for this and provide space for continued expansion of the library's offerings.

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***"Most of Krishnaji's audio and video recordings are available and there are regular dialogues, workshops, gatherings, and seminars throughout the year."***

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The Study Center is located on the quiet side of the Ojai Valley, amidst 11 acres of orange, oak and pepper trees. It is a veritable oasis of beauty, as are other centers of the Krishnamurti Foundations. Here there is a sense of tranquility and silence conducive to an inquiring mind.

One can come to the Study Center as a day visitor or as a guest staying at the Pepper Tree Retreat. There is no instructor or schedule. The retreat has 10 rooms and can be booked online by visiting [www.peppertreeretreat.com](http://www.peppertreeretreat.com).

***"Studying means to go deeply into the subtleties of the words used and their contents and seeing the truth in them in relation to daily life."***

**– J. Krishnamurti**

# Noticing Beauty and Self Knowledge

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Andrea Hollebakken | Residential Student

**Our Residential Student Program is a vibrant aspect of the Krishnamurti Educational Center. For the past five years, we have welcomed individuals who have felt called to reflect deeply upon the teachings of J. Krishnamurti. They have been high school graduates and individuals facing “middle of life” transitions. Their homes have been as far away as China or as close as the neighboring town.**

**We hope you will spread the word about this unique program as we have open positions for late summer/early fall. Please visit [kfa.org/rsp](http://kfa.org/rsp)**

This article was written by Andrea Hollebakken, one of the residential students:

I arrived at the KFA in mid-February, and any initial intentions I had dissolved into the energy and space of this living community and beautiful land. I was really happy to be away from the noise and pace of cities, and to be immersed in the living quality of dialogue with others and with nature. I feel the energy, space and quietness created here truly acts on the brain. Alongside the magnificence of nature, unexpected challenges have unfolded and I've met them in daily life here, in the dance with the wonderful beings who live and work at the KFA.

It's difficult to put into words how I feel transformed by my stay in many surprising ways. In truth, the changes are in dimensions beyond words, so any movement to grasp at it seems limiting. Though perhaps the words “intense richness” intimate this feeling of life, and without intention, I wonder what this energy will unfold as I return home to see family and friends. What follows is something I wrote while noticing beauty after dialogue with a guest from Brazil, who shared the following excerpt from a dialogue between Krishnamurti and Pupul Jayakar.

*Pupul: ...I want to start with a question: I'm a newcomer to your talks; I hear this. Where do I begin?*

*K: Probably first you won't make a head or tail of it. You won't know what K is talking about. So we will have to establish the linguistic, the semantic, meaning and also be aware of our relationship to nature. Yes, I would begin with that.*

*I would question why there are no wild animals here at all. I would go into that because if we lost touch with nature of which we are a part, we would lose touch with humanity, with*

*our fellow beings. I would begin there - with my relationship to nature, with my relationship to the beauty of all that.*

*– From Fire in the Mind. Chapter: Where Do I Begin*

As one sees beauty, it is infinite. It has a language of its own, that we can share, and sometimes whispers its meanings and how it works, so the depth can be appreciated such that we would know not to destroy it and mechanize it for our own uses.

Does nature speak a language that might allow us to be stewards? Does nature have a ‘body language’ of its own? Can we be silent enough to hear that impression, more gentle than the absence of the slightest breeze? How can that language arise if lost in the language of the separate ‘me’?

Our inner language seems to preserve our sense of separation and separates us from sensing nature. All of our physical senses are then used to confirm this illusion of subject/verb /object, just a convention of our language, that creates the epiphenomenon of the ‘me’. Is this language structure the observer? When this ‘me’ is quiet, something else is speaking inside, coming from the soma of the outside, transmitting its significance, its beauty. Does nature speak beauty?

The more I look into the eye of a lizard, as it tilts its head abruptly as to so obviously meet eyes, I can read her and she can read me. There is a deep sense of life meeting life, and the light from my eyes, meeting hers, says I would never destroy you, I love you, and her eyes whisper her place here, so complex, so whole. As the relationship flowers, creatures seem less apt to scurry or scatter when they sense the vibration of my footsteps or being. Recently, the hummingbirds hover at eye level and at arms reach to say hello too, the day after I acknowledged them as my power animal. Often, lizards stay motionless basking in the sun that we share as my foot steps next to them. The bunnies have started to hop up to me, though they have needed more time deconditioning the reflex to run away. This feels like relationship to nature, as nature.

I wonder if there is a seventh sense of beauty that is built by relationship with nature. Relationship takes perception and attention. Nature then acts, and I am that too. The beautiful land itself and the energy upheld by the people here is soil for surprising transformations.

**Please visit [kfa.org/rsp](http://kfa.org/rsp)**

# Who Are We?



Photo of the staff of the Krishnamurti Foundation of America, the Krishnamurti Educational Center, and two of the Residential Students

Continues from the front cover...

## A Religious Center

"It is not a community. The very word *community* or *commune* is an aggressive or separative movement from the whole of humanity. But it does not mean that the whole humanity comes into this place. It is essentially a religious center according to what K has said about religion.

It is a place where one is not only physically active, but also sustained and continuous, and so a movement of learning. And so each one becomes the teacher and the disciple. It is not a place for one's own illumination or one's own goal of fulfillment, artistically, religiously, or in any way, but rather sustaining each other and nourishing each other in flowering and goodness."

Dictated by Krishnamurti to a Trustee of the Foundation on 26 January 1984.

The purpose of the Krishnamurti Foundation of America (KFA) is to advance public understanding and realization of human potential by means of the study of the teachings of J. Krishnamurti. Our activities are focused on making the teachings available through traditional and modern media, outreach programs both in the USA and internationally, and through our adult Educational Center and School in Ojai.

Our challenge is to make Krishnamurti's teachings available to all age groups, different cultures, economic groups and races, and to do this we continue to expand our dissemination efforts.

This important endeavor would not be possible without the support of our donors. Many thanks to those who have made a contribution so that this work may continue.



### Not Present in the Staff Photo

Sending our love to Denny Gottschalk, a member of our team, who recently underwent heart surgery and is currently in recovery.

# Events Calendar 2017-18

## Recurring Events at KEC

### Weekly Dialogue

Every Tuesday, 7:00-8:30 PM

This free weekly dialogue event consists of a brief introductory presentation of Krishnamurti material – textual, audio or video – followed by dialogue exploring the questions raised.

### Monthly Video / Dialogue:

*Looking, Listening, and Shared Inquiry*

4th Saturday of every month, 6:00-10:00 PM

This free program starts with a video of Krishnamurti, then seeks to explore the topic of the video via the medium of dialogue.

### Monthly Presentation:

*Introduction to J. Krishnamurti's Work and Life*

1st Sunday of every month, 10:30 AM-12:00 PM

Monthly introduction to the life and work of Krishnamurti, with KFA librarian Michael Krohnen. Free event, pre-register at (805) 646-2390.

More Information Online: [kfa.org/recurring](http://kfa.org/recurring)

## Weekend Retreats

Weekend Retreats are for people eager to inquire into fundamental questions in an atmosphere of togetherness and openness. These events are suitable for those already acquainted with the teachings as well as those new to them. The events start on Friday evening and end on Sunday afternoon.

## Teacher Education Program

Starting with the questions that we grapple with in our daily lives as educators, this 7-day program, offered each July, builds on the insights participants come to from their own inward looking and shared inquiry during the program. We shift from seeking answers to finding key questions that transform the way we see (and respond to) our educational challenges. By uncovering the underlying

## August / September / October

**Yoga & Inquiry Retreat w/ Rowan Lommel**

*Observation, Listening, and Perception*

Friday August 18 - Sunday August 20

**In-Depth Study Program w/ Dan Kilpatrick**

*Science and Consciousness*

Monday September 11 - Friday September 15 | 2:30-5:30 pm

**Explorations into Freedom w/ Richard Waxberg & Deborah Kerner**

*Death & Rebirth Beyond Time*

Sunday October 15 - Sunday October 22

## November / December / January

**Weekend Retreat w/ Amanda Lezra & Kelley O'Mara**

*Creativity, Meaning, and Control*

Friday November 17 - Sunday November 19

**Oak Grove School Open House and All-School Showcase**

Saturday November 4, 1:00 - 4:00 PM

Free Event

**Weekend Retreat w/ Jackie McInley**

*From Past to Presence*

Friday December 1 - Sunday December 3

**Oak Grove High School Showcase**

Friday December 8, 7:00 - 9:00PM

Free Event

**Silent Retreat w/ Cory Fisher**

*A Weekend in Silence*

Friday January 12 - Sunday January 14

## KEC Events

Program fees include lunch and dinner, room fees include breakfast.

[www.kfa.org](http://www.kfa.org) | (805) 646-4773

## OGS Events

School events take place on Oak Grove campus: 220 W. Lomita Ave., Ojai, CA.

[www.oakgroveschool.org](http://www.oakgroveschool.org) | (805) 646-8236

## Annual Gathering

We invite you to our Annual Gathering at the KEC. Friends both local and from around the world come to listen to speakers, participate in discussions and dialogues, attend workshops, and connect with friends old and new.

Several talks and workshops occur at the same time, offering participants a rich variety of activities from which to choose.

The program takes place on Saturday and Sunday, with lunch available for purchase both days at the KEC campus. No charge to attend, no reservation necessary.

## Explorations Conference

This event features a series of formal presentations and discussion sessions, centered around a specific theme with ample opportunities for additional informal exchanges.

The Conference will bring together individuals across various disciplines who share an interest in exploring together.

## Study-Intensive Retreats

These unique 7-day programs are designed to provide an opportunity for a deeply immersive study of the life-changing teachings of J. Krishnamurti, within a nurturing atmosphere of encouragement, affection and support. During these programs, participants enter into exploratory, intensive and sensitive inquiries

values of teaching and learning, we re-envision school, classroom and other learning environments. In re-orienting the act of teaching to one of learning, we awaken the craft of teaching.

## India Night

For the past 21 years, Oak Grove seniors have spent the end of December and the majority of January visiting sister schools in India as well as traveling to cities and rural communities. Students present their experience during this evening of community and inspiration.

## High School Showcase

The event features music performances by Oak Grove's high school, as well as the student paintings, photographs, installations, videos, and ceramics. Be a part of this celebration!

## High School Graduation

What are the benefits of a Krishnamurti education? Hear from the graduating Oak Grove seniors themselves at this wonderful celebration.

## Alumni Gathering

Reconnect with friends and family for this summer kick-off event. Current and former students, families, and staff are invited.

## Open House and All-School Showcase

Discover the art of living and learning at Oak Grove School! View student work, enjoy performances, find out more about the progressive college-preparatory high school, boarding program, junior high, elementary, and early childhood programs.

# February / March / April

## Weekend Retreat w/ Eric Hassett

*Seeing Through Me and You: An Open-ended Inquiry into Relationship*

Friday February 9 - Sunday February 11

## Yoga & Inquiry Retreat w/ Francesca Lies

*Listening to the Unknown: Embodied Self-Knowledge*

Friday March 2 - Sunday March 4

## India Night at Oak Grove School

Friday March 2, 7:00 - 9:00 PM

Free Event

## Chinese Dialogue Program w/ Jinglin Yu & Kang Wei

*Explorations into Insight*

Friday March 16 - Thursday March 22

# May / June / July

## Explorations Conference

*Mirror of Relationship*

Friday May 4 - Sunday May 6

## Oak Grove High School Showcase

Friday May 11, 7:00PM - 9:00PM

Free Event

## Annual Gathering

Saturday May 12 - Sunday May 13

Free Event

## Oak Grove High School Graduation

Wednesday June 6, 6:30PM

Free Event

## Oak Grove School Alumni Gathering

*\* Open to current and former Oak Grove students, families, and staff*

Saturday June 9, 12PM - 2:00PM

Free Event, at Azu Restaurant in Ojai

## Explorations into Freedom w/ Richard Waxberg & Deborah Kerner

Sunday June 17 - Sunday June 24

## Teacher Education Program w/ Gopal Krishnamurthy

Dates: TBD

multiple times each day, and view videos of Krishnamurti's talks and dialogues.

## Explorations into Freedom Intensives

This 7-day intensive program, offered twice each year, is a new approach to working with Krishnamurti's teaching that emphasizes the transformational potential of direct seeing and listening. Through shared interactive dialogue, participants are encouraged to go beyond pre-conceived ideas in order to explore the potential of setting into motion dynamic, fresh perceptions, an 'aliveness' that can flush out previously unexamined resistances, fears and contradictions. This work will help to realize the possibility of sensing the energy of love that is beyond the conditioned mind.

## Yoga and Inquiry Retreats

Participants explore the connection between mind, body and life, through yoga and dialogue. This is an opportunity to examine Krishnamurti's work through a fresh lens as one engages the body and brings the full self into inquiry.

## Chinese Dialogue Program

We're pleased to, once again, offer a dialogue program in Chinese! We have noticed a quickly growing interest in Krishnamurti in China, and decided to offer this program to create an opportunity for Chinese speakers to come to Ojai and explore together. All discussions and presentations will be held in Chinese, or translated.

## Communication Calendar

Monthly Email - news, events, quotes, publications and more.

Visit [www.kfa.org/signup](http://www.kfa.org/signup) to sign up.

Annual Appeal - October 2017

Bulletin - November 2017

Foundation Focus - February 2018

Spring Appeal - March 2018

# Oak Grove School

## An Atmosphere of Empowerment

Much like the rustic 150-acre natural environment, Oak Grove teachers and staff allow students to naturally discover their passion and voice, offering guidance and tools when needed, while also being careful to stay out of the way.

Oak Grove supports student philanthropy and community service in the traditional ways, but also creates an environment open to student ideas and to supporting those students to turn those ideas into reality. For more than 20 years, Oak Grove High School has supported the *Rural Education Project* in India and, like many other schools, our students average over 1,000 hours of community service every year. Our students also have a history of quickly responding to community emergencies like raising money for a family that lost their home in a fire, and providing food to a family struck with a crisis. In addition, Oak Grove supports the individual ideas of its students. Just over the past few months . . .



**Sydney** had the idea of replacing one of the old drinking fountains in the High School with a water bottle refill station. "I brought this to our student council in October. The Director of Maintenance worked with me to identify the appropriate model, which was a bit over \$2,000. The students worked together to raise the funds and earlier this Spring, the water bottle station was installed."

**Sarame**, a current sophomore, had the idea of creating more shared social opportunities with other local private schools. She didn't want to have traditional dances, but something more relaxed, so she conceived the idea of *Café Nights*. Oak Grove staff assisted Sarame to identify the right contacts at *Besant Hill School* as well as the local *Beacon Coffee House*. Two successful *Café Nights* have since occurred.



Similar to Sarame, **Quinne**, a freshman, has scoliosis and currently has physical limitations that prevent her from playing sports. Quinne came up with the idea of board game afternoon, where students could come to the Main House after sports and eat pizza and play games. Other recent examples include our elementary students identifying a place on our campus—the Lost Meadow—with fallen trees and overgrown paths that they would like to preserve. The students organized

an educational campaign to inform the community about the ecosystem and then served as docents as they toured over 60 people through the Lost Meadow. Their plan is to ask our Board to pass a resolution to designate this portion of our campus a preserve.



**Cassius**, a current 7th grader, proposed the school have an infirmary... something the school has not had in its 41 years. She met with an administrator to express her concern that sick students didn't have a place to go. She went to the Student Council and many students were inspired to also take up the cause, but the expense and inability to



find a space within the school's buildings made the discussion moot. But Cassius would not let it go. She continued to bring it up at every opportunity, talking to the Head of School, to other staff,

complaining to her peers. This summer the administration building, named *Main House*, is set for a remodel and Cassius is working with the architect to design the new infirmary.

One of the more touching examples is of a current 6th grader, **Aidan**. In May, he approached one of our administrators to tell her that he had noticed Juana, the school's custodian, often having trouble pushing her cleaning cart along the paths. He pointed out that this has gotten worse after the recent rains as the paths are much more bumpy. He wondered if we could buy "all terrain" tires for her cart. The administrator suggested that Aidan research the cost of the tires and talk with Rei,

the Maintenance Director, about the feasibility of replacing the current wheels with the better tires. Within an hour, Aidan was back with the cost of the tires and an approval from Rei that the new tires could be attached to the cart. Later that week, Aidan went to the

Student Council to request funds for the expenditure... and later that day he ordered the tires.

All these ideas could have been thought of by the school staff or even implemented by the staff once the students shared the ideas with them, but Oak Grove has the philosophy of allowing students to identify a direction and then giving them the tools to enact a plan.

## 2017 Graduating Class

On Wednesday, June 7th, Oak Grove School honored the 2017 graduating class. We will miss this lively group. During their trip to India, their campouts in Los Padres and the Southwest, their music and art shows, and their commitment to service, this class went through a lot together and they will be missed.



*Back Row:* Raksha Boiteau, Sean Park, Jack Du, Dylan Reed, Ben Silverstein, Makani Kirwin, John Wing, Walmiki Kanuru,  
*Front Row:* Maddy Doss, Bailey Lightner, Seamus Morrison, Liah Cohen, Tasi Meyer, Emilie Del Signore, Jack Hardley.

As spoken so eloquently by Seamus, "I wish the Oak Grove moments of silences were longer... because in them I find a human connection," and by Emilie, "Oak Grove is more than just a school... it is another part of home. I will be taking Oak Grove with me as I begin my next adventure." We are proud of these young adults and are excited about their future endeavors. View student speeches, keynote addresses, and more at [www.oakgroveschool.org/blog](http://www.oakgroveschool.org/blog).

### The Spirit of Oak Grove Scholarship

Oak Grove students learn to use their minds, their bodies, and their hearts well because the over-arching themes expressed in the *Art of Living and Learning* are embedded in the school's culture, curriculum, classroom practice, and expectations of student learning. The aim of this scholarship is to honor students who embody the mission of our school. We are thankful to generous donors who made it possible for four students to attend Oak Grove next year who otherwise would be unable.



### A Fence Forty Years in the Making

Nearly forty years ago Krishnamurti instructed, "We should put up a fence around the grove as soon as possible, a fence that would last hundreds of years; a fence that could be seen through but wouldn't allow dogs to wander there..."

We recently honored this request. The construction of a split rail fence with a no-foothold mesh began on January 16th, 2017. Standing four feet tall between the historic Oak Grove and school border, and six feet tall along Besant Road, the metal structure is expected to last decades while the mesh will keep dogs and other unauthorized visitors out. In addition to dogs coming onto campus, a great deal of time and resources are spent on repairing damage to the campus from motorized vehicles and horses tearing up our athletic fields, graffiti on our buildings, broken windows, and discarded debris.



Over several months, the Campus Planning Committee thoroughly explored the fencing options, carefully considering the endurance, aesthetic, and functional purposes of the fencing before settling on one. Each segment is welded together with a sensitivity to craft and quality. The copper patina gives the feeling that it has been here all along and the mesh allows it to remain visibly open. We are satisfied to finally be able to fulfill Krishnamurti's vision for the Grove, while at the same time improving campus security and adding to the beauty of the east side of our campus.

# Don't Fool Yourself

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Colin Foster for *The Immeasurable*

**We have been developing our online magazine for young people entitled *The Immeasurable* for half a year. Every month the magazine publishes an article or video on topics closely related to Krishnamurti's teachings. Don't forget to sign up at [theimmeasurable.org](http://theimmeasurable.org) to receive these articles by email.**

**The following is an article written by Colin Foster, a former teacher of Brockwood Park School:**

Don't fool yourself – you are conditioned. It's conditioning that does the fooling.

Don't approach freedom until you get the depth of conditioning. It's easy to fool oneself because conditioning hides behind ideas of freedom. Freedom is there when conditioning is not.

Conditioning is like my glasses. It shapes my perception but I can't see the processes of the shaping. Conditioning is not "bad" or malicious in itself, it just does what it does, unconsciously shaping, etc. But if you don't sense its processes you will give wrong meanings to your perceptions and so feel and act incoherently. For example a conditioned assumption that deeply tethers the mind is that security is found through identifying who you are with such diverse notions as a country, religion, type of music, football team, etc. Or more subtly, with "truths" you have found through experience. But these are ideas, not actualities. To give a sense of this let's take the example of football. The actuality is a number of men running after a piece of blown up leather within a painted area having metal poles at each end. This strange behavior can only be given significance by a conditioned perception. A Martian watching this sport would very quickly be convinced there is no intelligent life here.

Don't make the mistake of thinking conditioning is just an intellectual, philosophical construction that doesn't touch our emotions and intuitions. Such notions lead to thinking that we can trust our "gut" feelings. But if emotions and feelings are not beyond conditioning, then what is?

Don't go to the idea of the unconditioned. This idea is another product of conditioning. Once we have labeled conditioning as "bad" it is a conditioned habit to conceptualize the opposite, as this logically must be "good". But since it is an idea it is not "what is" and to go beyond conditioning one needs to pay attention to "what is". "What is" is what is

actually directly perceivable by the senses. It is factually what is happening without judgment in the moment – whether it be the movement of the clouds or sea; or a feeling of anger or joy.

Don't fool yourself – you are conditioned. It's conditioning that does the fooling. To get this is the first step. Like in a magic trick – what seems to be going on is not what actually is going on. Magicians exploit this vulnerability of ordinary perception and "fool" their audience.

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***"What if both the perceiver and the perception are created by the movement of conditioning?"***

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How does conditioning do the fooling? Perception is usually thought of as objective and rational and passively sensing whatever is out there, but the active involvement of conditioning leads to deceptions and confusions. So in daily life we normally believe that we are perceiving an objective reality. But what if both the perceiver and the perception are created by the movement of conditioning? This can lead to a confusion in perception- that "objective reality" seems to be providing evidence that my assumptions and worldview are a true, while in fact what is actually going on is conditioning engaged in a self-validating process.

Could this be a factor in why so many people develop a fixed view of what is true, real, important, etc. in their world, resisting the disturbance of adjusting to what is new and different in their lives? In the words of Warren Buffett: "What the human being is best at doing is interpreting all new information so that their prior conclusions remain intact."

It is a shock when actuality comes knocking at the door to shatter a strongly held conclusion or assumption in one's view. The same could also be said about relationship when a stubborn denial to face an actuality is exposed. The knowledge you have accumulated may have some validity but it is so limited and small compared with the limitless unknowable movement of life. When you see your "certainties" for what they are, a healthy mind might see that true security is in the vast actuality of the *unknown*.

**Please visit [theimmeasurable.org](http://theimmeasurable.org)**

# Archives & Publications

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Cory Fisher | Archivist & Rights Manager

Maintaining the archive is one of the primary aspects of the mission of the Foundation. The original materials are stored in a climate controlled vault with restricted access. Over the last decade these materials have been digitized into what has grown to be a substantial collection of digital files. These files have made it easier to disseminate and make Krishnamurti's work accessible to people all over the world.

Not only is there digitizing yet to be done, but we also have the task of maintaining and ensuring the safety of the digitized copies of the materials. The Foundations acquired a new server this past year which is up and running smoothly. This server is the house of the international database, which catalogs all of the contents of the archives, as well as the original digital versions of the materials.

With the recent rise in cyber attacks and hacking worldwide, we are taking extra precautions with security. We have worked to ensure we have the systems in place to keep the database and the work safe and secure. A critical component of the work of the archives is to continuously make sure that our software and hardware stay up-to-date, and that the digital work of the archives is both safe and accessible.

Our current project is the digitization of the pre-audio transcripts of Krishnamurti's talks from the 20s and 30s. This project is estimated to take over a year, with about 35,000 pages that need to be individually scanned to ensure we have a high resolution digital version.

## What Are You Doing with Your Life?

We are working on a new edition of *What Are You Doing With Your Life?* to be released later this summer. We are happy to be re-releasing this popular title. It was edited with younger audiences in mind and we feel it is important to have books available that appeal to people of all ages, including the young. There is a vitality to a young mind, Krishnamurti mentions in the book:

*There is no essential difference between the old and the young, for both are slaves to their own desires and gratifications. Maturity is not a matter of age; it comes with understanding. The ardent spirit of inquiry is perhaps easier for the young... Many adults are immature and rather childish, and this is a contributing cause of the confusion and misery in the world. It is the older people who are responsible for the prevailing economic and moral crisis; and*

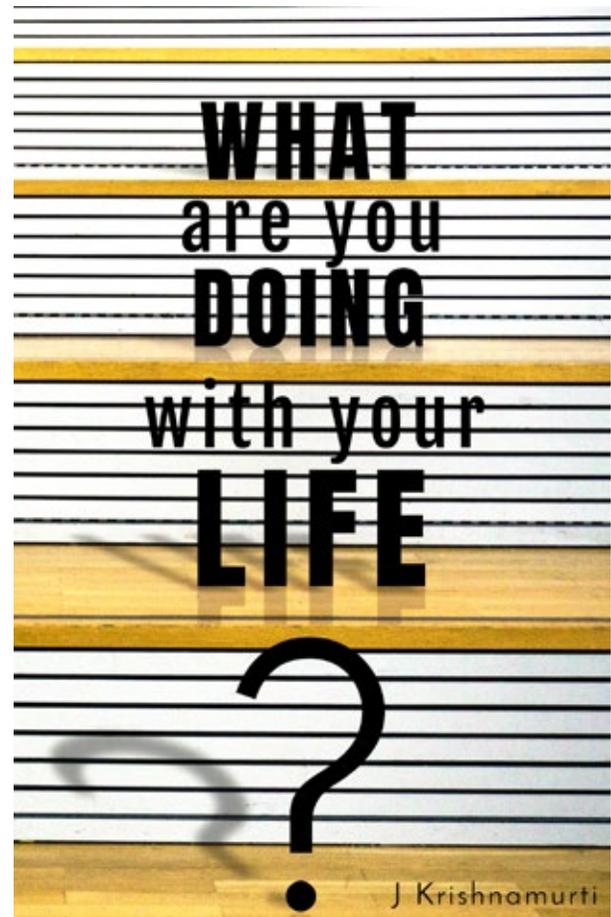
*one of our unfortunate weaknesses is that we want someone else to act for us and change the course of our lives. We wait for others to revolt and build anew, and we remain inactive until we are assured of the outcome.*

Once the work on the new edition of *What Are You Doing With Your Life?* is complete, we will begin preparing *Unconditioning and Education Vol II* for release in November 2017. This will be the second and final volume in this series of previously unpublished talks and discussions regarding the creation of Oak Grove School in Ojai, California.

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***"We wait for others to revolt and build anew, and we remain inactive until we are assured of the outcome."***

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To order a copy please visit [krishnamurtibookstore.com](http://krishnamurtibookstore.com)



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# Foundation Focus

## The Krishnamurti Foundation of America

including Oak Grove School and the Krishnamurti Educational Center



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